

Anchorage Independent School District Plan for Safe Return to In-Person Instruction

Practices to Promote a Healthy School Environment

Students, teachers, and staff who have symptoms of infectious illness, such as [influenza](#) (flu) or [COVID-19](#), should stay home and be referred to their healthcare provider for testing and care, regardless of vaccination status.

Staying home when sick with COVID-19 is essential to keep COVID-19 infections out of schools and prevent spread to others. AISD will:

- Encourage staff and students to remain current with their COVID-19 vaccinations
- Continue wearing PPE as needed when caring for students and staff exhibiting symptoms
- Follow current CDC guidance related to infection control in cleaning and disinfecting the Nurse's Office

Isolation Procedures

APS will:

- Require persons who test positive for COVID-19 to self-isolate away from school for:
 - At least five (5) full days from the day that their symptoms started if they are experiencing symptoms of COVID-19. The first day of symptoms is considered day zero (0). The individual may return to school after five (5) days when their symptoms are improving or after 10 days even if they have lingering symptoms. The individual must continue to wear a well-fitting mask for 10 full days at all times when around others indoors. If the individual is unable to wear a mask properly and consistently in indoor school settings, they should self-isolate from school for 10 full days.
 - Five (5) full days from the date of testing if they have never developed symptoms. The day of testing is considered day zero (0). The individual must continue to wear a well-fitting mask for 10 full days at all times when around others indoors. If the individual is

unable to wear a mask properly and consistently in indoor school settings, they should self-isolate from school for 10 full days. If the individual develops symptoms of COVID-19, they should follow the above isolation guidance for someone with symptoms.

COVID-19 test results that involve use of an “at-home” test kit and for which the specimen collection is not monitored by a trained healthcare provider and the test is not conducted by a CLIA-certified laboratory are not reportable to public health. Individuals who test positive for COVID-19 through an “at-home” test should be recommended to self-isolate and follow the above isolation protocols.

- Require parents to notify the school within twenty-four hours following the positive diagnosis of the virus that causes COVID-19, per Kentucky Regulatory Statute (KRS) 158.160
- Isolate and provide a mask to those who are potentially infectious in our comfortable Nurse’s Annex, or other supervised isolation areas as warranted, until they can be transported home
- Encourage COVID-19 testing or evaluation for COVID-19 infection if symptoms are suspicious for COVID-19